

UNIT 15

Health and safety

I. New Vocabulary

vocabulary



ill	مريض	music	موسيقى
medicine	دواء	through	خلال
look after	يعتني بـ	ears	أذن
brush	فرشاة	heart	قلب
teeth	أسنان	beat	يدق
wear	يرتدي	brain	مخ
glasses	نظارة	prepare	يعد
test	اختبار	back	يظهر
an eye	عين	lift	يرفع
loud	مرتفع	heavy	ثقيل
earphone	سماعة أذن	foot	قدم
stomachache	الم في المعدة	feet	أقدام
toothache	الم اسنان	Hurt	يؤذي
weight	وزن	ache	الم
bend	ينثني	instructions	تعليمات
unless	اذا لم	dress	يرتدي
cover	يغطي	ankle	الكاحل
skin	بشرة	headache	صاع
burn	يحترق	pain	الم
paint	طلاء	cold	برد
bath	حمام	hold	يمسك
stomach	معدة	touch	يلمس
stretch	يمتد	air	هواء
leg	رجل	dear	عزيزي
neck	رقبة	lung	رئة
knee	ركبة	damage	يتلف

The most important words

Cooker	lid	oven	gloves
pan	sleeves	towel	pour

1- You must turn the cooker off immediately.

We can cook food on a cooker.

2- You must roll up your sleeves when you are cooking.

3- You must not touch a hot pan in the oven.

4- You must wear the oven gloves before you touch a hot pan.

5- You must put a lid on the pan.

6- You must not pour water on the fire.

7- You must use your towel to dry your hands

2- Sugar is not good for your teeth.

The sun can burn your skin.

3- The brain controls everything in your body.

4- You should have an eye test regularly.

5- Your heart beats faster if you do exercise.

6- The knees are found in the middle of your legs

structures



الضرورة والإلزام في المضارع / الماضي / المستقبل

المفرد	الجمع	الضرورة/التحريم	الاستطاعة/ الأذن	الإثبات النفي
Has to	Have to	Must	can	
Doesn't have to	Don't have to	Mustn't	can't	

We use (can) for ability. (can) للتعبير عن القدرة

يمكن استخدام

I can speak English .
can play football.

She can swim fast .

He

We can get on the train at the station. We can get off the bus when it stops .

يمكن استخدام (Can) للتعبير عن الأذن . for permission.

You can go out now .
dad ?

Can I go to the cinema ,

You can't walk on the grass . Can I open the window , please ?

Can you help me , please?
you?

Can I carry the bag for

We use (must) to say it is important or necessary . (للتعبير عن الضرورة)
يمكن استخدام (must)

♣ You must do your homework every day .

We use (must) to say it is necessary not . (mustn't) للتعبير عن التحريم
يمكن استخدام

♣ You mustn't be late for school.

الشكل العام للبريد الالكتروني

To: عنوان بريد المرسل اليه	
From: عنوان بريد الراسل	
Subject: عنوان الموضوع	
Dear + .. اسم المرسل اليه	
الموضوع	
خاتمه	
الامضاء	

لعرض المساعدة نقول

May I	المصدر +
Let me	
Shall I	
I will	
Can I	

وللشكر أو للرد

Thanks a lot / thank you /
thanks

May I help you ?***

Exercises

Supply the missing word in the following dialogue :

Ahmed : Where is your mother ?

Sara : She is in the

Ahmed : What she doing the kitchen .

Sara : She is lunch .

Ahmed : Why don't you her ?

Choose the correct answer :

1- Don't forget the pot on the (cook - cooking – cooker – cooks)

2- It is good to (help – helping – not help – helped) in the kitchen.

3- My sister is washing the dishes in the (bedroom – hall – kitchen – sitting room)

- 4- When I am cooking , I (tear – roll – cut – take) my sleeves .
- 5- In summer we wear shirts with short (pockets – trousers - sleeves – skirts).
- 6- You should turn the cooker (on – up – off – down) , when you finish cooking.
- 7 – If your cooking is ready , the (pan – pen – cup – plate) will be too hot.
- 8- When my hands are too cold , I wear a pair of (towels – socks – shoes – gloves).
- 9- I always clean my hands with my (towel – shirt – jumper – skirt).
- 10- How can I use the (door – window – pan – oven) of the cooker.
- 11- Put the (lid – pan – pot – cup) on the pan to cover it.
- 12-You must not use water to put out the oil (cook – fire – food – bottle) .
- 13 – It is too (good – dangerous – safe – nice) to touch a hot pan.
- 14- You mustn't go near anything (good – delicious – electricity – electric) .
- 15-When the bus stops , the passengers get (up – of – on – off) and go home.
- 16 – After getting (up – on – of – off) the train , I found a good seat to sit .
- 17 – I go to the railway station to take the (train – bus – plane – car) .
- 18- The conductor gives me my (ticket – book – seat – chair) .
- 19- The boy (offer – offers – offering – to offer) to help the woman.
- 20- What does the girl offer (in – too – two – to) do ?
- 21- This bag of potatoes (is – are – was – be) too heavy.
- 22- I need directions to the train (bus – home – station – airport).
- 23- (Can – Must – Can't – Mustn't) I go home now?
- 24- You (can – must – can't – mustn't) touch any electric thing.
- 25- We (can – must – can't – mustn't) climb the mountain. It is too high for us.
- 26- (Can – Must – does – Mustn't) I open the window please ?
- 27- You (can – must – can't – mustn't) wear your gloves before touching anything hot.
- 28- You (Can – Must – Can't – Mustn't) leave the cooker on all night. It's too dangerous.
- 29- (Can – Must – does – Mustn't) you ride a bike ?
- 30 – He (can – must – don't – mustn't) take photos here. It's dangerous.
- 31- In this lesson , we can talk in English but we (can't – must – mustn't – don't) talk in Arabic.
- 32- We (can – must – don't – mustn't) talk when the teacher is talking.
- 33- The Nile and the canals are very important for (farmers – teachers – doctors – nurses) .
- 34- (Cows – insects – animals – goats) are very bad.
- 34-Bilharzia is a (illness – disease – flu – cold) people can get from drinking dirty water.

35-Drinking or washing in dirty water can cause (cold – bilharzia - headache – cool) .

36- People will be better if they take the right (food – drink – medicine – tea).

37- People who have the disease , are very hot and have a (heart – nose – stomach – ear) ache

Complete this dialogue with one word:

Amr : ----- can you use to dry your hand?

Ali : I can use my -----

Amr: Can you put a ----- on the pan ?

Ali : ----- I can put it now.

Soha : Where can I take the train ?

Mai : -----

Rania : -----?

Donia: Bilharzia is a disease .

Choose the correct answer :

1- We are nearly home! We must get (on – off – up – down) the train at the next station.

2- You (must – can – can't – mustn't) touch the bare electric wires.

3-I go to the airport to take the (train – plane – bus – car).

4- What can become unhealthy when animals and (insects – cars – planes – buses) use it.

5- Bilharzia is a (canal – disease – medicine – pool) which people can get from swimming.

6- Water is safe (to – too – two – for) drink if you boil it.

7- (Animals – Plants – Flies – Scales) are very dirty insects.

8- (Can – Must – Mustn't – Are) you help me , please ?

Correct the underlined words:

1- Bilharzia is a dangerous medicine.

2- I use my gloves to dry my hands.

3- You will touch the hot pan.

4- I can get down the bus when I arrive home.

Read the passage and answer the questions :

Bilharzia is a disease which people can get from drinking or washing in dirty water. Bilharzia can make you very ill .People who have the disease feel very hot and have a bad a stomach – ache.In the past many people got bilharzia. Now , we know how to stop bilharzia and not many people get it. People usually get better quickly if they take the right medicine .

Answer the following questions:

- 1- What is bilharzia ?
- 2- How do people get bilharzia ?
- 3- People who have the disease feel very (hot – cold – cool – hit)
- 4- In the past (some – much – many – a lot) people got the disease .
- 5- People usually get better quickly they take the (right - wrong – false – write) medicine.

Write five sentences about the following subject (Cooking)
Kitchen - cooker – turn on – gloves – towel

- Story :
- 1- When did the Iron Man get out of the trap?
 - 2-Where did the Iron Man follow the farmers and Hogarth?
 - 3-Why did Hogarth make a sound with a nail and a knife?
 - 4-Were the farmers bad people?